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ANSWERS

GRAMMAR – 15 pts / 1 point for each

01- issued / has issued	09- its
02- has shown	10- for
03- was accompanied	11- of
04- showing	12- on
05- comes/came	13- at
06- be spending	14- with
07- will be putting	15- to
08- is	

VOCABULARY- 10pts / 0.5 point for each

01- shortly	11- incredibly
02- unusually	12- interpret
03- worried / worrying	13- attention
04- director	14- revive
05- close	15- preferred
06- separate	16- population(s)
07- weight	17- pregnant
08- grief	18- deaths
09- truly	19- tribal
10- killer	20- needlessly

READING COMPREHENSION – 10 pts / 1 point for each

01- D, 02- H, 03- B, 04- J, 05- M, 06- A, 07- C, 08- G, 09- E, 10- L / F, I, K – extra sentences

LISTENING COMPREHENSION – 5 pts / 1 point for each (statements with X do not count)

A – 5, B – 3, C – X, D – X, E – 1, F – 4, G – X, H – 2

Zdroj použitej literatúry:

1. MYERS, R. 2025. Prince William pays tribute to 'incredible' wife Kate on her birthday with emotional statement. In: Mirror [online]. 2025. [cit. 2025-1-09]. Available from: <https://www.mirror.co.uk/news/royals/breaking-prince-william-shares-emotional-34447350>
2. MICHELLE, M. 2025. This orca is carrying around another dead calf. Here's what we know about how orcas grieve. In: National Geographic [online]. 2025. [cit. 2025-1-05]. Available from: <https://www.nationalgeographic.com/animals/article/orca-mom-carries-calf-tahlequah>
3. STRINGER, H. 2025. Six research-tested ways to study better. In: American Psychological Association [online]. 2025. [cit. 2025-1-13]. Available from: <https://www.apa.org/ed/precollege/psychology-teacher-network/introductory-psychology/study-better>
4. TWIGGS, H. 2025. How ultra-processed foods took over family mealtimes – and the recipes you need to fight back. In: Independent [online]. 2025. [cit. 2025-1-22]. Available from: <https://www.independent.co.uk/life-style/food-and-drink/recipes/ultra-processed-foods-family-mealtimes-tips-recipes-b2675961.html>

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LISTENING TAPESCRIPT (Please play only once.)

You will hear a recording in which a psychologist discusses research-tested strategies for studying effectively. For statements A to H, indicate the order in which you hear the information by writing the numbers 1-5 next to each statement in the spaces provided. Three statements do not directly match the texts – put X instead of a number for these.

Many students, unfortunately, are missing a crucial lesson that could significantly enhance their chances of success—how to study effectively. It's incredibly common for students to prepare for exams by re-reading class notes and cramming through textbook chapters—methods that assume that memories act like recording devices, playing back exact details when needed during an exam. However, this approach overlooks a fundamental truth about human memory. So, what does actually help our brains retain information more effectively? The answer lies in study strategies that require effort—study techniques that push the brain to work harder to remember information.

Now, let me share with you five research-tested strategies that I believe are crucial for improving the way we study.

- 1.** One of the most effective methods involves repeated retrieval. This is the idea that the more we recover a memory, the more accessible it becomes over time. For example, students practiced recalling words multiple times—both consecutively and spaced out. The results were clear: students who practiced spaced retrieval outperformed others by a wide margin. In fact, they remembered about 80% of the words a week later. So, just one retrieval session isn't enough.
- 2.** Research also supports the use of online flashcards, but only if students consistently retest themselves. If you're using flashcards with one-word answers, thinking about the answers works. But, for longer, more complex responses, you should adjust it; for example, type them out, speak them aloud, or write them down to reinforce the information.
- 3.** Another powerful tool was explored by Regan Gurung, who found that students who regularly took quizzes throughout the semester, rather than cramming for exams, performed better in the long run. They don't just assess your knowledge—they help you retain it. Even if you answer incorrectly, simply attempting to recall information strengthens your memory.
- 4.** Studying with classmates is a great way to reinforce your knowledge, but there's a catch: It's vital that each member of the group has a chance to think independently. For example, one study showed that students who verbally recalled answers during group work did significantly better on a test than those who merely listened to others. The key takeaway is that waiting for others to come up with the answer might slow down the process, but it produces better retention for everyone involved.
- 5.** Another technique that's been shown to be effective is called 'interleaving'. This involves studying different subjects within a single study session. For instance, instead of spending two hours on just one subject, you could spend that time rotating between subjects like psychology, biology, and statistics. This strategy naturally introduces spacing and encourages your brain to retrieve information more effectively. However, it's important to note that interleaving works best when the subjects are distinct—mixing two very similar subjects, like chemistry and physics, can be less effective.

So, as you prepare for your next exam or test, remember: the key to success is not just how much you study, but how you study. Use strategies that challenge your brain and encourage active recall. It's the effortful learning that pays off in the end.

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SPEAKING – PICTURE

Use the pictures below to make a story with the title: In my grandparents' attic...



Sources: old pocket watches - Hľadať Obrázky, Historic London landmarks photos show how capital has changed from 1930s to now | The Independent, What Time Travelers Cannot Do - TRAVELVOS, Is there anyway by which one can go back in the past times? | ResearchGate, 18+ All Time Best Attic Remodel Low Ceiling Ideas

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SPEAKING – ROLEPLAY

Student

You are a tourist visiting a new city and trying to find your way to a famous landmark. You stop a passerby to ask for directions. Since you're in a foreign country, you decide to speak in English to ensure you can communicate effectively. Politely explain your situation and ask for clear directions. When the passerby offers to guide you personally, kindly decline and explain you prefer exploring on your own.

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SPEAKING – ROLEPLAY

Teacher

You are a local resident in a popular tourist city. A tourist approaches you for directions, speaking in English to communicate clearly. Give them simple and clear directions to the landmark they are looking for, ensuring they understand. Offer to guide them personally if they seem unsure. If they decline, wish them a good day and encourage them to enjoy their visit.

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